

Jockey Club S.A.T.H. Project for Healthy Families

NEWBORN CARE

Neonatal jaundice:

- A common condition caused by an increase in a natural substance called bilirubin in blood.
- Usually harmless and do not require treatment.
- Appears on the **2nd or 3rd day** of life and it takes **2-3 weeks** to subside.

Symptoms



Very high bilirubin levels can be **dangerous** and cause brain damage. Your baby may need **phototherapy** in the hospital.



- **Yellowing of skin & whites of eyes.**
- Can be more difficult to see in brown or black skin and might be more obvious on the **palms** or **soles**. 🖐️ 🖐️ 🦶 🦶
- **Sleepy and not feed as well as usual**



- Bring your baby to **MCHC** for assessment after discharge from hospital.
- Ensure your baby has **adequate feeding**
- If jaundice **persists beyond 2-3 weeks** or baby's **stool turns pale**, bring baby for **early medical consultation** or **MCHC**

Newborn male circumcision:

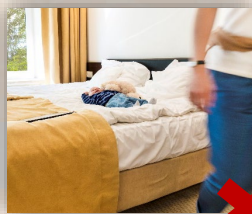
- The surgical removal of the foreskin, which is the layer of skin that covers the head of the penis.
- It is your choice whether to have your son circumcised.
- Every time when you change the diaper, the penis should be **cleaned** with warm water and **petroleum jelly** placed over the wound.
- Change the diaper frequently. The skin will heal in around **7 -10 days**.



! Home safety:



Place the baby on his back to sleep and sleep in a cot



Never leave the baby alone on bed or sofa without guards



Put cold water in before hot water. Test the water temperature with your elbow.



Do not reheat milk in a microwave oven