

# JCSATH CAPACITY BUILDING CURRICULUM FOR SOCIAL SERVICE PROFESSIONALS

## JOCKEY CLUB S.A.T.H. PROJECT FOR HEALTHY FAMILIES (JCSATH)

This Curriculum aims to equip social service professionals with relevant health knowledge, and for them to share experience over **ethnic minorities'** health needs and barriers in accessing healthcare services. We welcome **all social service professionals and interested parties from relevant disciplines.**

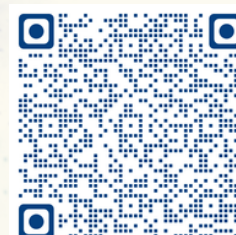


Jockey Club S.A.T.H. Project  
for Healthy Families  
賽馬會共建健康家庭計劃

Sustainability for All, Together for Health  
人人可持續 · 齊齊享健康

**From October 2022 until December 2022**

**Time: TUE 10-11AM/ FRI 3-4PM**  
**Language: Cantonese/English**  
**Format: Zoom Workshops**



**Scan the  
QR Code to  
register!**

**Free Registration : [shorturl.at/aeHJ8](https://shorturl.at/aeHJ8)**

### TOPIC 1

#### **What is Hypertension: how to support ethnic minorities in Hong Kong**

- Risk factors and complications of hypertension
- How to support ethnic minorities in prevention and management

### TOPIC 2

#### **What is Diabetes: how to support ethnic minorities in Hong Kong**

- Risk factors and complications of diabetes
- How to support ethnic minorities with pre-diabetes or diabetes

### TOPIC 3

#### **What is High cholesterol: how to support ethnic minorities in Hong Kong**

- High cholesterol management
- How to encourage ethnic minorities to have healthier diet

**CONTACT US**



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Organized by



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香港中文大學  
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賽馬會公共衛生及基層醫療學院  
The Jockey Club School of Public Health and Primary Care



香港聖公會麥理浩夫人中心  
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全人關心 卓越創新  
care for all excel in all



H.K.S.K.H. Outreach Team for Multi-Cultural Community  
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鄰舍輔導會  
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